

# Lesson ACLS-Update 4

## Testing Station: High-Quality BLS Testing and Testing Details

45 minutes

### Instructor Tips

- Optional: Show High-Quality BLS video



### Skills Practice (Optional)

- Have students practice compressions and ventilation



### Skills Test

- Conduct BLS competency testing



### Test Students One at a Time

- Students not testing should practice on another manikin
- Test students in a reasonably private environment
  - Each student must demonstrate entire sequence of 2-rescuer CPR and AED *without instructor prompting*
  - Fill out the Adult High-Quality BLS Skills Testing Checklist for each student
- Carefully observe the student being tested
- If a student is unsuccessful, refer him or her for immediate remediation
  - Each student may retest 1 additional time during this station
  - If a student remains unsuccessful, refer for remediation at the end of the course
- Summarize the importance of high-quality CPR to patient survival

### Instructor Notes

---

---

---

---

---

**Next**

Airway Management

# Lesson ACLS-Update 5

## Testing Station: Airway Management

45 minutes

### Instructor Tips

- Consider using a stopwatch to time the rate of ventilations
- Optional: Show Airway Management video



### Skills Practice (Optional)

- Have students practice OPA/NPA insertion and bag-mask ventilation



### Skills Test

- Present cases
- Each student manages a complete airway case
- Test students on bag-mask ventilation with OPA/NPA for 1 minute



### Testing Session

- The lesson lasts 30 minutes without the optional sections
- Divide class into small groups
- Critique by using the Airway Management Skills Testing Checklist from the Provider Manual or the Instructor Manual/CD
- Check off students' skills by using the checklist after each student demonstrates adequate management of the airway case (case scenarios can be found in the Appendix of the Instructor Manual or on the Instructor CD)
- Present airway case
- Each student practices through the airway case (respiratory arrest with a pulse). The students must
  - Perform full assessment, activate the emergency response system, and do a pulse check
  - Begin ventilations without delay
  - Insert NPA or OPA
  - Connect bag-mask device to oxygen and adjust flow rate to appropriate level
  - Give bag-mask ventilations for 1 minute (skills test)
    - Rate (once every 5 to 6 seconds)
    - Speed (squeeze the bag for 1 second)
    - Volume (about half a bag)

- Optional Advanced Airway modules (practice on manikins)
  - Laryngeal Tube
  - Laryngeal Mask Airway
  - Esophageal-Tracheal Tube
  - Endotracheal Tube
- For the subsequent lessons, see Lesson Plans for the full ACLS Course, which are unchanged
  - Lesson: Technology Review
  - Lesson: Team Dynamics and Megacode
  - Lesson: Megacode Practice
  - Lesson: Megacode Testing
  - Lesson: Exam
  - Lesson: Remediation

---

## Instructor Notes

---

---

---

---

---